

### Functional Activities: Ideas for skills to be taught during Seasonal Cleaning

Activities	Teaching Concept: Communication		Other skills
	Expressive Communication Skills	Receptive Communication Skills	
Cleaning Floor (vacuum, use a rag to clean the floor, wipe with cloth)	<p>Request for items needed for activity</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• "I want vacuum"</li> <li>• "I want cleaning sheet" (wet or dry)</li> <li>• "I want rag"</li> <li>• "I want bucket"</li> <li>• "I want water"</li> </ul> <p>Request for HELP</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• Request for Help to take out the vacuum cleaner's litter bag</li> <li>• Request to Help change the Swiffer's sheet</li> <li>• Request to move furniture or items that are on the floor and cannot be moved by oneself</li> </ul> <p>Request for a break during a task</p>	<p>Follow verbal instruction</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• "Get a Swiffer® sheet out"</li> <li>• "Get a vacuum from the garage"</li> <li>• "Get a rag from the drawer"</li> </ul> <p>Following written / visual direction</p> <p>Examples:</p> <ul style="list-style-type: none"> <li>• Task analysis of how to use vacuum to clean the floor</li> <li>• Task analysis on how to put the Swiffer® sheet on the mop</li> <li>• Task analysis on how to clean the floor using a rag/cloth</li> </ul>	<p>Reinforcement: Token</p> <ul style="list-style-type: none"> <li>• Earn tokens for a reinforcer that was chosen prior to floor cleaning</li> </ul>
Removal of curtains	<p>Request for items needed for activity</p> <p>Example:</p> <ul style="list-style-type: none"> <li>• Request a ladder or a step to reach high place</li> </ul> <p>Request for HELP:</p> <ul style="list-style-type: none"> <li>• When difficult to take a curtain down, request for help from a family member</li> </ul>	<p>Following verbal direction</p> <p>Example:</p> <ul style="list-style-type: none"> <li>• Remove the curtain from the left</li> </ul>	<p>Imitation skill</p> <p>Example:</p> <p>When a person shows how to remove the curtain, learner will copy the exact motion to facilitate the removal of curtain</p>

Activities	Teaching concept: Area of communication		Other skills
	Expressive communication	Receptive Communication	
Wiping and disinfecting doorknobs, light switches etc.	Request for items needed for activity Example: <ul style="list-style-type: none"> <li>Request for tools (e.g., cloth), detergents for disinfecting surfaces</li> </ul> Request for a break during a task	Following visual/written instruction <ul style="list-style-type: none"> <li>Follow a visual direction of which room and light switch or doorknobs to be wiped. Once completed, make a note (x) to indicate it has been done</li> </ul>	Reinforcement: Token <ul style="list-style-type: none"> <li>Earn tokens for a reinforcer that was chosen prior to cleaning</li> </ul> Imitation: Example <ul style="list-style-type: none"> <li>Imitate a person wiping a doorknob</li> </ul>
Wipe the desk/table/chairs	Request for an item Examples: <ul style="list-style-type: none"> <li>Request for an item (e.g., antibacterial spray)</li> <li>Request for a paper towel</li> <li>Request which desks he/she wants to wipe</li> </ul> Commenting Example: <ul style="list-style-type: none"> <li>Report once the desk cleaning is completed (e.g., "the desk is clean")</li> </ul> Request for a break during a task.	Follow visual/written instruction  Read required item to prepare for cleaning then read instruction on how/where to clean. Example: <ul style="list-style-type: none"> <li>Wipe along a masking tape that is taped on the desk (visual prompt)</li> </ul> Follow verbal instruction Example: Follow verbal instruction given by an adult "Wipe here, please"	Reinforcement: Token <ul style="list-style-type: none"> <li>Earn tokens for a reinforcer that was chosen prior to cleaning</li> </ul>
Line up shoes (tidy up the closet for shoes)	Request for an item that is needed Example: <ul style="list-style-type: none"> <li>Request for a stepstool to put items on a high shelf</li> </ul> HELP <ul style="list-style-type: none"> <li>Request for "Help" to put shoes in high shelf</li> <li>Request for "Help" when he/she cannot find the matching shoe</li> </ul>	Follow verbal direction Example: <ul style="list-style-type: none"> <li>Put shoes away to a specific location that has been requested by mom "Put those shoes on the second shelf from the top"</li> </ul>	Reinforcement: Token <ul style="list-style-type: none"> <li>Earn tokens for a reinforcer that was chosen prior to tidying shoe cabinet</li> </ul> Correspondence and discrimination <ul style="list-style-type: none"> <li>Identify mom and dad's shoes from his/her own shoes</li> <li>Identify the same shoes</li> </ul>

Activities	Teaching concept: Area of communication		Other skills
	Expressive communication	Receptive Communication	
Cleaning the front door area	Request for an item that is needed Examples: <ul style="list-style-type: none"> <li>• “I want broom”</li> <li>• “I want dustpan”</li> </ul> HELP <ul style="list-style-type: none"> <li>• When collecting the leaves into the bin, request for HELP</li> </ul>	Following visual instruction Examples: <ul style="list-style-type: none"> <li>• Follow task analysis list of how to collect leaves in the front porch</li> <li>• Follow a visual prompt that are indicated on the floor, which part to clean first (Plan to eliminate the prompt)</li> </ul>	Imitation Example: <ul style="list-style-type: none"> <li>• Imitate caretaker when he is using a broom to sweep leaves</li> </ul>
Wiping the window / TV/ computer monitor	Request for an item that is needed Examples: <ul style="list-style-type: none"> <li>• Request for a stepstool or a ladder to wipe higher part of the window</li> <li>• Request for a window wiper, or paper towel</li> <li>• Request for window cleaning spray</li> </ul> HELP <ul style="list-style-type: none"> <li>• Request for “Help” when he/she cannot reach top part of the window.</li> <li>• Request to help cleaning the towel when it gets dirty</li> </ul>	Follow verbal direction Example: When dad says, “Wipe that window”, he/she follows direction.	Reinforcement: Token <ul style="list-style-type: none"> <li>• Earn tokens for a reinforcer that was chosen prior to wiping</li> </ul> Imitation: <ul style="list-style-type: none"> <li>• Learner imitates and wipe the window along with the caretaker</li> </ul>
Cleaning Bathroom/Toilet	Request for an item Examples: <ul style="list-style-type: none"> <li>• Request for a brush</li> <li>• Request for bathroom cleaning detergent</li> <li>• Request for cleaning detergent for toilet</li> <li>• Request for a toilet brush</li> <li>• Request for a rag to wipe the toilet</li> </ul> Request for a break during cleaning	Follow verbal direction Examples: <ul style="list-style-type: none"> <li>• “Clean the bathtub”</li> <li>• “Wipe the wall”</li> <li>• “Wipe down the toilet seat”</li> </ul> Follow visual direction Example: <ul style="list-style-type: none"> <li>• Follow task analysis on how to wipe down the toilet</li> </ul>	Reinforcement: Token <ul style="list-style-type: none"> <li>• Earn tokens for a reinforcer that was chosen prior to cleaning</li> </ul>

Activities	Teaching concept : Area of communication		Other skills
	Expressive communication	Receptive Communication	
Cleaning your own room	Request for an item <ul style="list-style-type: none"> <li>Request for a vacuum</li> </ul> HELP <ul style="list-style-type: none"> <li>When activity is difficult request for HELP. Example, "I want help open container"</li> </ul> Request for a break during a task	Follow verbal direction Examples: <ul style="list-style-type: none"> <li>"Put those books in the bookshelf"</li> <li>"Put your toys in the box"</li> </ul>	Reinforcement: Token <ul style="list-style-type: none"> <li>Earn tokens for a reinforcer that was chosen prior to cleaning</li> </ul> Sorting <ul style="list-style-type: none"> <li>Put toys into corresponding container/boxes</li> <li>Match the socks and put them away in a box/container</li> </ul>
Washing pillows/blankets in the washing machine	Request for an item Example: <ul style="list-style-type: none"> <li>laundry detergent or laundry pod</li> </ul> Request for help <ul style="list-style-type: none"> <li>Turning knob to correct cycle</li> <li>Taking sheets off a bed</li> <li>Taking pillowcase off the pillow</li> </ul> Request for a break during the task	Follow verbal direction Examples: <ul style="list-style-type: none"> <li>"Put the blanket in the washing machine"</li> <li>"Carry pillows to the laundry room"</li> </ul> Follow visual direction Example: <ul style="list-style-type: none"> <li>A picture task analysis of the steps to taking sheets off a bed</li> <li>A picture task analysis of the steps to using a washing machine</li> </ul>	Reinforcement: Token <ul style="list-style-type: none"> <li>Earn tokens for a reinforcer that was chosen prior to cleaning</li> </ul> Sorting <ul style="list-style-type: none"> <li>Put sheets with sheets and blankets with blankets</li> </ul> Identify buttons on washing machine (e.g., hot/cold button, start)
Cleaning the garden or a porch	Request for an item <ul style="list-style-type: none"> <li>Request for a bloom</li> <li>Request for a dustpan</li> <li>Request for a garden glove</li> </ul> HELP <ul style="list-style-type: none"> <li>Request for help when collecting leaves and putting them in a bin is difficult.</li> </ul> Request for a break during a task	Following verbal direction <ul style="list-style-type: none"> <li>"Pull out those weed"</li> <li>"Leave those flowers"</li> <li>"Pick up the washing pegs from the floor"</li> </ul>	Token <ul style="list-style-type: none"> <li>Earn tokens for a reinforcer that was chosen prior to cleaning the garden</li> </ul>

Commented [DB1]: I added this....thoughts?